



# Knowlton News



## DECEMBER



### SEASON OF HOPE TOY DRIVE

The JUST SAY NO CLUB would like to thank everyone who donated to the "Stuff the Stocking" Toy Drive. The toys were picked up on Monday and are on their way to Project Self-Sufficiency for children in need in the area.



Thank you PTA for hosting the HOLIDAY SHOPPE for our Knowlton Twp. Elementary School students.

We appreciate everything the PTA does for our school community.

Thank you!  
Thank you!  
Thank you!



A heartfelt THANK YOU to our PTA, Parents & Community for providing a holiday breakfast for the staff and for fulfilling Teachers' Wishes!

We wish you all a Safe & Healthy Holiday Break!

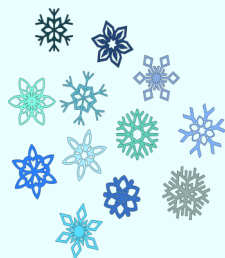


## Happy Holidays to Our Knowlton Elementary School Family!

Winter break begins Monday, December 23rd.

Enjoy the winter break with your family & friends.

School re-opens on Thursday, January 2nd.



## IF YOU ARE STILL HAVING TROUBLE ACCESSING THE PARENT PORTAL...

Still experiencing difficulties in getting on the Parent Portal? If you are getting a message regarding “no district” detected, try this...

- Go up to your browser and highlight “no district” to the end, delete that, and then type in knowlton and hit enter. The parent portal login page should now appear asking for your portal code, user name & password.
- **If that does not work, go to the school website,** [www.knowltonschool.com](http://www.knowltonschool.com) and click on the “For Parents” Tab, Resources, then Parent Portal. The parent portal login page should now appear asking for your portal code, user name & password. **Do Not Click on the Parent Portal Icon the first time you are accessing the portal.** Once you have successfully accessed the portal the Parent Portal Icon Tab should work correctly.
- Should you still have trouble, please call the main office and we will try to help you gain access.

## Regarding Student Lunch Accounts:

Periodically we run a report showing lunch accounts that are in the negative. A letter is then sent home with your child or an automated phone call is made to alert parents that money is owed on the account.

Upon receipt of such, please remit payment via the parent portal or by sending a check or money to school in an envelope with your child’s name on it.

Contact Mrs. Ventura at 908-475-5118, ext 204 if you have any questions or concerns.



**School Breakfast is available daily (except on delayed opening days) Served Grab & Go from the breakfast cart in the main office between 8:30 - 8:45 a.m Cereal & Bagel Bags are available every day . Yogurt Parfaits are available on Tuesdays & Thursdays. Student Breakfast is \$1.50**



**All Outstanding Lunch Charges Should Be Paid in Full NO LATER THAN Friday, December 20th! Thank you!**



The **School Spelling Bee** will be held Thursday, January 9th at 1:40 pm in the multi purpose room.  
 Monday, 1/6 - Show your school spirit and wear school colors!  
 Tuesday, 1/7 - Be good sports and wear your favorite team apparel  
 Wednesday, 1/8 - Hats off to our spellers, wear your favorite hat!  
 Thursday, 1/9 - Wear yellow and/or black to support our spellers!  
**Thank you for “BEEING” positive and for supporting our spellers!**

## Knowlton Community News

- **FREE Parent /Toddler Play Group at Knowlton United Methodist Church**, 509 Route 94 in Columbia. Every 3rd Friday of the month (excluding holidays) from 9:30 to 10:30 AM. (December 20th this month) For families with children ages newborn through Pre-K. Small, Informal Group Setting with free play, story and simple craft. For more information contact the church at 908-496-4313 or via email to: knowltonumc@gmail.com
- The Newton Theatre Arts Academy, Winter Classes start in January. Visit [skypac.org](http://skypac.org) for more info & to sign up. 234 Spring Street, Newton, NJ 07860, 973-940-NEWT
- **Indoor Soccer & Spring Tryouts** - Go to [www.westjerseysoccerclub.org](http://www.westjerseysoccerclub.org) for registration. 908-294-1308
- **Helping Anxious Kids - A concerned Adults' Guide** presented by Lynne Gonski, M.S. Therapist, Social Based Youth Services. Participants will learn some of the causes for increased anxiety among teens. Relationship Strategies to help mitigate teens' anxiety, communication & behavior, and specific skills to teach teens that mitigate anxiety. Wednesday, January 8, 2020 from 6 pm to 8 pm. Hunterdon Medical Center, Conference room A & B, 2100 Wescott Drive, Flemington, NJ. Questions 908-223-1191 Please RSVP to: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)
- **Looking for a 3/4 Sized Schroetter Student Violin?** Mrs. Lestrangle, the KTES music teacher has one for sale for \$150. It is missing 2 strings but is in otherwise good condition.
- **NORWESCAP Traditions Family Success Center**, 712 South Main St., Phillipsburg, NJ and 217 Main St., Hackettstown, NJ. Call them at 908-454-3400, x3083, 3084 & 3087 for more information on all the FREE activities and events they run for individuals and families each month.

### TRY DAY #3

Knowlton students once again experienced a "try day" on Friday, December 13th. **They tried turnip mashed potatoes!**

**96 students tried them and 40% of them liked them!**

Ask your child if they liked them.



# HELPING ANXIOUS KIDS

## A CONCERNED ADULTS' GUIDE

PRESENTED BY: LYNNE GONSKI, M.S.  
THERAPIST, SOCIAL BASED YOUTH SERVICES

-Therapist with Hunterdon Behavioral Health's  
School-Based Youth Services Program - 10 years

-Adjunct assistant professor of psychology at  
Raritan Valley Community College - 25 years

-Former author of Democrat column:  
"Owner's Manual for Parents"

### PARTICIPANTS WILL LEARN:

- Some of the causes for increased anxiety among teens.
- Relationship strategies to help mitigate teens' anxiety --  
communication & behavior.
- Specific skills to teach teens that mitigate anxiety.

**WEDNESDAY**  
**JANUARY 8, 2020**  
**6PM - 8PM**

**Hunterdon Medical Center**  
**Conference Room A&B**  
**2100 Wescott Drive**  
**Flemington, NJ**

**Questions: 908.223.1191**  
**To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)**



**Hunterdon Healthcare**  
Your full circle of care.  
Hunterdon Behavioral Health

**FSO-HSW Presents**

**Human Trafficking Awareness Month**



# **Identifying Victims of Human Trafficking, Potential Indicators & Red Flags**

Join us for this **FREE**  
workshop to learn about  
some potential indicators human trafficking

Presented by:

**Kelly Shelton**

Warren County Assistant  
Prosecutor

**DSgt. John Marino**

Warren County



**R.S.V.P.**

[aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)

**908-223-1191 xt. 16**

or sign-up at the library!

January 23rd, 2020

6PM-8PM

Warren County Library

Southwest Branch

404 County Road 519

Phillipsburg, NJ 08865

**(908) 689-7922**

**FREE EVENT!!! Open to the public!**

Parents, Caregivers, PTO/PTA Groups, Guidance Counselors, Professionals, Teen  
Groups, Community Groups are welcome to attend!

# THE PARENT CAFÉ

Phillipsburg

INFORMATION AND SUPPORT FOR PARENTS & CAREGIVERS

**Join us for coffee, tea, & talk!**

**2nd Tuesday of Every Month**

**10:00 AM - 12:00 PM**

**Envision Center**

**535 Fischer Ave**

**Phillipsburg, NJ**

**January 14, 2020**

**February 11, 2020**

**March 10, 2020**

**April 14, 2020**

**May 12, 2020**

**June 9, 2020**

**July 14, 2020**

**August 11, 2020**

**September 8, 2020**

**October 13, 2020**

**November 10, 2020**

**December 8, 2020**

**\*\*Dates/Times Subject to Change**

**RSVP: [PGRIFFIN@FSO-HSW.ORG](mailto:PGRIFFIN@FSO-HSW.ORG) OR [SRON@FSO-HSW.ORG](mailto:SRON@FSO-HSW.ORG)**

**For more info call: 908-223-1191**

PHILLIPSBURG  
**EnVision**  
CENTER



**Family Support Organization**  
HUNTERDON • SOMERSET • WARREN