



Knowlton News



Special Points of Interest:

- Spelling Bee
Thursday,
January 9th
- January is School Board Appreciation Month
- Fall 2020 Preschool & Kindergarten Registration is Open
- Free Dental Services for Children
- Yearbooks are now on sale

LOOK INSIDE TO LEARN MORE!

Knowlton Knight Award Congratulations to our December Knowlton Knight Recipients:

Giada B & Emma U

Both students were nominated because they demonstrated the characteristics of a **KTES GOOD CITIZEN!**

Congratulations!



The Knowlton Elementary School Spelling Bee will be held on Thursday, January 9th at 1:36 pm in the multi-purpose room.

Good Luck to All Our Spellers!

To support our top spellers tomorrow, students and staff should wear yellow and/or black.

Thank you for helping to promote the spelling bee and for "BEEING" positive!



IF YOU ARE STILL HAVING TROUBLE ACCESSING THE PARENT PORTAL...

Still experiencing difficulties in getting on the Parent Portal? If you are getting a message regarding “no district” detected, try this...

- Go up to your browser and highlight “no district” to the end, delete that, and then type in knowlton and hit enter. The parent portal login page should now appear asking for your portal code, user name & password.
- **If that does not work, go to the school website,** www.knowltonschool.com and click on the “For Parents” Tab, Resources, then Parent Portal. The parent portal login page should now appear asking for your portal code, user name & password. **Do Not Click on the Parent Portal Icon the first time you are accessing the portal.** Once you have successfully accessed the portal the Parent Portal Icon Tab should work correctly.
- Should you still have trouble, please call the main office and we will try to help you gain access.

Regarding Student Lunch Accounts:

Periodically we run a report showing lunch accounts that are in the negative. A letter is then sent home with your child or an automated phone call is made to alert parents that money is owed on the account.

Upon receipt of such, please remit payment via the parent portal or by sending a check or money to school in an envelope with your child’s name on it.

Contact Mrs. Ventura at 908-475-5118, ext 204 if you have any questions or concerns.



School Breakfast is available daily (except on delayed opening days) Served Grab & Go from the breakfast cart in the main office between 8:30 - 8:45 a.m Cereal & Bagel Bags are available every day . Yogurt Parfaits are available on Tuesdays & Thursdays. Student Breakfast is \$1.50



Knowlton Board of Education

will meet on

Monday, January 27th at 7 PM
in the school library.

Board of Education Members:

Tammy Smith, President

Don Biery, Vice President

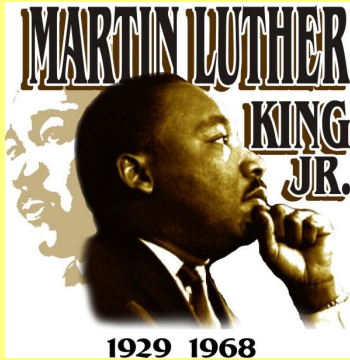
Matthew Baley, Dawn Bates

Joann McCormack, Rhonda Moritz

Ali Stiehl



**Thank you Knowlton Twp
BOE Members for your dedication
to KTES, our community and
our students!**



School will be closed on
Monday, January 20th
in observance of
Dr. Martin Luther King, Jr. day.



2019-2020

Knowlton Twp. Elementary School
Yearbooks are now on sale.
Order a full color yearbook, sponsor an
ad or purchase line sponsor messages
to recognize your child!
Order form is attached and on the
school website -
www.knowltonschool.com



Rated PG

KTES Multi Purpose Room
Friday, January 24, 2020

6pm

Sponsored by the Knowlton Twp PTA
Bring your chairs and blankets!
Parent/Guardian must remain with children.
Popcorn and water will be available. BYO additional snacks.

**KEEP CLIPPING BOX TOPS
AND /OR SCANNING YOUR
GROCERY RECEIPTS
USING THE APP
for Knowlton Twp.
Elementary School.**

Help us raise funds for our
school. Questions regarding
the APP or the program may be
directed to the
Knowlton Twp. PTA
at:
ktespta@gmail.com





Knowlton Twp. Elementary Preschool Program for fall 2020:

We are now accepting registrations for our Preschool Program for fall 2020. Children must be 4 years old by October 1, 2020 and must be toilet trained. The program runs Monday through Friday from 8:30 am to 11:00 am when school is in session.

Transportation for this program is not provided. If interested, please contact the school office at: (908) 475-5118, ext. 200.

Attention Parents of Future Kindergarten Students:

Knowlton Twp. Elementary School is planning for the 2020-2021 school year. At this time we would like to identify as many children as possible who will be eligible for Kindergarten in September 2020. To be eligible for kindergarten, a child must be 5 years old by October 1, 2020. If you have not already done so, and you have a child who will be eligible for next year's kindergarten class, kindly call the school at (908) 475-5118, ext. 200 as soon as possible. Dates for screening of next year's kindergarten students will be released at a later date. Parents will receive details in the mail. Please pass this information along to anyone in Knowlton Twp. who may have a child eligible for kindergarten in September 2020.



K.T.E.S. Winter Activity Challenge



Student's Name: _____

Teacher: _____ Grade: _____

Parent/Guardian Signature: _____ Date: _____

Instructions

1. Write down all the different physical activities you participate in from **Jan.6-Feb.6**. Challenge family members to do at least two different physical activities with you – examples include walking, running, playing tag, throwing a ball, jumping rope, vacuuming, and playing at the park.
2. Be creative! Set a goal for you and your family to be active for at least 60 minutes a day. See how many different activities your family can do during this activity challenge. Try to be active for at least 10 minutes at a time.
3. Fill in the star (★) next to any activity that more than one family member does together.
4. **Return your log (with parent's signature) to your Miss Lennox by February 7.** All students who return a completed form will receive a prize.

Record Your Activities

#	Description of Physical Activity	Minutes	Family
1			★
2			★
3			★
4			★
5			★
6			★
7			★
8			★
9			★
10			★
11			★
12			★
13			★
14			★
15			★

Parent Note: Children and adolescents need 60 minutes or more of physical activity – a combination of moderate-intensity aerobic activity (brisk walking) and vigorous-intensity activity (running) – each day.

Activities that increase the heart rate making conversations difficult while moving are considered to be moderate to vigorous physical activities. Incorporate vigorous-intensity activity at least three days per week.



NFC



AFC



January/February 2019

**FIFTH Annual! “Soup-er Bowl” Drive
IS COMING!!!**

For Our Local Food Pantry Friends

The EarlyAct club will highlight their month of LEADERSHIP and FRIENDSHIP

by focusing on a

“Soup-er Bowl” Canned Food Drive

Starting January 21st EarlyAct will collect canned goods for our local food pantries. Donations may be placed in the bin of your “Super Bowl” choice. The bins will be located outside the Main Office at Knowlton School. EarlyAct club members will be keeping a daily tally of which Super Bowl team is in the lead for our canned good collections. Please help restock our FRIENDS at the local food pantries this winter!

For more information, please feel free to contact the club’s advisor, Jenna Maxman at maxmanj@knowltonschool.com or phone at the school’s number extension 107.

Project Child Find

Parents:

Do you have a preschooler experiencing significant difficulties with speech and language, fine motor skills, gross motor skills or behavior? Is he/she struggling to learn the basic early concepts? Is your school age child struggling with reading or math? Does your child have difficulty with writing tasks or written expression?

Project Child Find was established by the New Jersey State Department of Education as a free public awareness and referral service to assist parents and professionals by identifying available early intervention programs and services for infants and toddlers through two years of age and free, appropriate public education programs and services for pupils who are disabled three through twenty one years of age. Parents or other appropriate persons may refer children who are experiencing significant difficulties.

BABIES FROM BIRTH TO AGE 3 who are thought to have developmental delays may receive assistance from the Early Intervention Program. To access these services, parents should contact The ARC, Warren County Chapter, Inc. For more information, please contact us at 908-689-4542 or email: jpratt@arcwarren.org

CHILDREN AGES 3 TO 5 who are experiencing physical, sensory, emotional, communication and cognitive and/or social difficulties may be eligible for special education and related services through their local Child Study Team. Parents should contact the Knowlton Twp. Elementary School Child Study Team office at 475-5118 ext. 208 or 114 for further information.

IF PARENTS ARE CONCERNED ABOUT THEIR SCHOOL AGE CHILD'S PROGRESS, they should feel free to discuss such issues with their child's teacher and/or principal at 475-5118. Parents have the option of making a referral to the I & RS Team, or Interventions and Referral Services Team. I & RS team offers intervention procedures that are provided within the regular education school program. At times more extensive interventions are necessary to assist the student. If the decision is to undertake a full Child Study Team evaluation the child's social, emotional and academic status may be assessed. Medical or other specialized evaluations may also be included at no cost to the parent. If a child is determined to be eligible for special education and related services, an IEP or Individual Education Plan will be developed. The IEP will include a rationale for the student's educational placement and the basis for the program implementation.



FREE DENTAL SERVICES

for children ages 12 and younger

January 8, 2020

Dear Parent/Guardian,

We'd like to make you aware of a remarkable program that is available to your students that might not otherwise have the means to visit a dentist for emergency or preventative care.

Every February dentists throughout NJ offer **free dental care** for children ages 12 and younger. In 2020, **Give Kids A Smile Day is Friday, February 7th**. There are over **100 participating dental offices** available for parents to schedule an appointment at a location of their choice.

Give Kids A Smile NJ would like to help your students start each school day with a healthy smile!

Parents and families can participate in GKAS by:

- Marking their calendar - Friday, February 7th, 2020
- Calling the location of their choice to set up an appointment
- Visiting our website www.njda.org/gkas for more information

Attached is a list of all participating locations near your area.

Additional information is available on the New Jersey Dental Association website: www.njda.org/gkas.

Best regards,

Cavan M. Brundsen, DMD
Statewide Chair, GKAS NJ



FREE DENTAL SERVICES

for children ages 12 and younger

SCHEDULE AN APPOINTMENT FOR YOUR CHILD TODAY

Hunterdon

Zufall Health Center, Flemington- 908-968-4440

Morris

Armento Family Dental, Chester - 908-879-8530

First Care Dental Center, Parsippany - 973-882-5005

Flanders Pediatric Dentistry, Flanders - 973-927-2260

Kidz World Pediatric Dentistry, Cedar Knolls - 973-585-6756

Metro Dental Associates, Morristown - 973-538-2563

Michael Armento, DMD, Randolph - 973-361-6500

Pediatric Dental Associates of Randolph, Randolph - 973-989-7970

Zufall Health Center, Dover - 973-328-3344

Warren

My Children's Dentist, Washington - 908-835-3500

Richard L. Lachenmayr DMD, Alpha - 908-454-8400

Zufall Health, Hackettstown - 908-452-5366

HELPING ANXIOUS KIDS

A CONCERNED ADULTS' GUIDE

PRESENTED BY: LYNNE GONSKI, M.S.
THERAPIST, SOCIAL BASED YOUTH SERVICES

-Therapist with Hunterdon Behavioral Health's
School-Based Youth Services Program - 10 years

-Adjunct assistant professor of psychology at
Raritan Valley Community College - 25 years

-Former author of Democrat column:
"Owner's Manual for Parents"

PARTICIPANTS WILL LEARN:

- Some of the causes for increased anxiety among teens.
- Relationship strategies to help mitigate teens' anxiety --
communication & behavior.
- Specific skills to teach teens that mitigate anxiety.

WEDNESDAY
JANUARY 8, 2020
6PM - 8PM

Hunterdon Medical Center
Conference Room A&B
2100 Wescott Drive
Flemington, NJ



 Hunterdon Healthcare
Your full circle of care.
Hunterdon Behavioral Health

Questions: 908.223.1191
To RSVP: aruiz@fso-hsw.org

From the Superintendent



Dear Parents,

January 2020

2020 has arrived and we are ready to accomplish more great things between now and the end of this school year. This week our Board of Education held its reorganization meeting. Dawn Bates, Rhonda Moritz and Tammy Smith (President) were re-elected and will continue to serve for three more years. Matthew Baley, Don Biery (Vice President), Joann McCormack and Ali Stiehl will continue their current terms as board members. We appreciate all of our board members' willingness to serve and give back.

Maintaining a safe learning environment for the children of Knowlton Township Elementary remains a top priority for our Board of Education. Recently, a safety strobe light was installed at our school as part of the district's ongoing commitment to school safety. The strobe light acts as an integrated emergency communication system. In the event of an emergency, the strobe light is activated, serving the dual purpose of alerting law enforcement personnel of the situation while communicating to any students, staff and parents who are outside the building to stay away and not to attempt to enter the building.

We are so proud of the work our staff and students do on a daily basis both inside and outside of the classroom. Our Knowlton Debate team, headed by Mrs. Reber, competed in December and our affirmative team brought back the bronze medal. Congratulations to Isabel, Joey, Jocelyn and Emily. Mrs. Perry applied to the Lysol® and Kinsa FLUency™ school health program through the WeAreTeachers contest and we were selected as a runner-up. Mrs. Acker, our school nurse, served as our point of contact for families and staff. Thank you to all the staff members and families who registered for the Kinsa app and we hope you are enjoying your new thermometers. Our Early Act Club, Ms. Maxman and Ms. Hollmann, our school counselor worked tirelessly to provide holiday cheer to many community families. Thank you to all who assisted our organizers with this. The Knowlton Township Elementary School Green Team continues to work on Sustainable NJ actions inside and outside of the building. This Spring be sure to look for updates on our greenhouse and rain barrel. Knowlton Township Elementary School has achieved bronze certification, valid 2019-2022. The Green Team committee consists of Mrs. DeFalco, Mrs. Carroll, Mrs. Apgar, Mrs. Garrison, Mrs. Janeiro and Mrs. Plunkett.



Chess Club has started again this year during recess and the advisors, Mr. Ferry and Mrs. Reber, are as excited as the students! The club is expected to run January and February during recess periods offering different levels of learning each month. There are currently seventeen students signed up for the January sessions. January sessions are designed for anyone interested in learning about chess and looking to engage in something new. The tournament club will start in February through a separate sign up to prepare for the county wide tournament in the beginning of March.

As the weather gets colder, we will have to make the daily determination on whether students should go outside for recess. Fresh air is important for our students and we want them to be able to go outside as much as possible. Please dress your children in appropriate clothing for the weather. A jacket and long pants are required when the temperature is below 40 degrees. Indoor recess will be held in classrooms when we cannot go outside. Thank you for your help with this!

Did you know?

- Our annual Spelling Bee will take place Thursday of this week. Remind your student to wear yellow and/or black to support our fifth and sixth grade finalists.
- Knowlton Township School District partnered with St. Jude's to provide Christmas gifts to 30 community children.
- Just Say No Club collected approximately 100 toys for the Season of Hope Toy Drive in conjunction with Project Self Sufficiency. Thank you to all our donors.
- Knowlton Township staff donated over 30 pairs of slippers along with three large boxes of gloves, hats and scarves for the DASACC of Warren County. Mrs. Perry and Mrs. Janeiro coordinate this collection.
- Sixth graders will begin LEAD sessions next week with Trooper Madia.
- Knowlton Township SAGE students will compete in Legos on the Loose at the end of January.
- We are on Instagram and Twitter--Weather updates, pictures and events are featured on there. For IG, just search knowltonknights and you will find us! For Twitter, search for Knowlton Knights.

Your partner in education,






Jeannine DeFalco
Superintendent

\$1 Smencil Grams for Valentine's Day!

The KTES Advanced Band will have Smencil Grams available for purchase this year, just in time for Valentine's Day! Purchase a Smencil for \$1.00 each and send it, with a personalized message attached, to your child, favorite teacher, staff member, or let your child send it to a friend! Smencil colors and scents will be distributed at random. *Smencil Grams will be delivered to the students on Thursday, February 13th, 2020. They must be ordered by Friday, February 7th.*

Complete the message card below and the band will attach the tag to the Smencil Gram! Please remember the following when ordering your smencil gram:

- ♥ Include receiving child's first and last name along with the classroom teacher on EACH smencil gram
- ♥ Attach payment for EACH Smencil Gram (please use exact cash or check to KTES). There are 3 grams on this form. If you would like more, you can find them in the office or on our website.
- ♥ Send Smencil Gram forms and money in envelope labels "SMENCILS" to Mrs. Lestrangle with your child's name and class.
- ♥ Please contact Mrs. Lestrangle at lestranges@knowltonschool.com if you have any questions

	First/Last Name: _____ Teacher/Grade: _____ Message: _____ _____ _____ From: _____
	First/Last Name: _____ Teacher/Grade: _____ Message: _____ _____ _____ From: _____
	First/Last Name: _____ Teacher/Grade: _____ Message: _____ _____ _____ From: _____

Knowlton Community News

- Township of Knowlton Yearly Dog License Applications are available on the township website and are due in the Month of January each year. For the application go to: <http://knowlton-nj.com/> Once there click on the FORMS tab. The application is the first one listed.
- **ROTARY CLUB OF BLAIRSTOWN OPEN HOUSE**, Serving North Warren area for 70 years. Interested in learning more about how to HELP YOUR COMMUNITY? You're invited to an OPEN HOUSE, Blairstown Rotary International. Please join us for FREE DRINKS AND APPETIZERS on Thursday, January 23, 2020 at Dalton's Columbia Inn, 31 Decatur Street in Columbia, NJ. Stop by any time between 6 PM and 8:30 PM. Please RSVP by January 15, 2020 to: info@BLAIRSTOWNROTARY.org
- **FREE Parent /Toddler Play Group at Knowlton United Methodist Church**, 509 Route 94 in Columbia. Every 3rd Friday of the month (excluding holidays) from 9:30 to 10:30 AM. For families with children ages newborn through Pre-K. Small, Informal Group Setting with free play, story and simple craft. For more information contact the church at 908-496-4313 or via email to: knowltonumc@gmail.com
- **The Newton Theatre Arts Academy**, Winter Classes start in January. Visit skypac.org for more info & to sign up. 234 Spring Street, Newton, NJ 07860, 973-940-NEWT
- **Indoor Soccer & Spring Tryouts** - Go to www.westjerseysoccerclub.org for registration. 908-294-1308
- **Helping Anxious Kids - A concerned Adults' Guide** presented by Lynne Gonski, M.S. Therapist, Social Based Youth Services. Participants will learn some of the causes for increased anxiety among teens. Relationship Strategies to help mitigate teens' anxiety, communication & behavior, and specific skills to teach teens that mitigate anxiety. Wednesday, January 8, 2020 from 6 pm to 8 pm. Hunterdon Medical Center, Conference room A & B, 2100 Wescott Drive, Flemington, NJ. Questions 908-223-1191 Please RSVP to: aruiz@fso-hsw.org

