



Knowlton News



Special Points of Interest:

- Fall 2020 Preschool & Kindergarten Registration is now open
- YEARBOOKS NOW ON SALE!
- "Souper" Bowl Canned Goods Collection going on through the Super Bowl! Who will win the KTES Collection? SF or KC? It's up to you and your donations!



The Great Kindness Challenge

January 27-31, 2020

*Kindness Builds Bridges...*you and your entire family can help create a kinder world. Step up to the challenge. Take a week, a month, or a year and complete as many acts of kindness as you can. Your Kindness Matters! LOOK INSIDE FOR THE ACTS OF KINDNESS FAMILY EDITION



Attention Parents of 6th Grade Students:

Two very important flyers went home with your children last week. The first one was the KTES Class of 2020 T-Shirt Order form and parent info form. The t-shirts will be worn for the 6th Grade Class Picture and also to several events that the students attend in the spring. Orders and money are due no later than February 7th. The second form is the NWR 7th Grade Scheduling form. Students should make a choice of whether they would like the STEAM Focus or Music Performance Focus in 7th Grade. Those forms should be returned to KTES as soon as possible. Any questions or request for additional forms should be made to the school office at 908-475-5118, ext. 200.

IF YOU ARE STILL HAVING TROUBLE ACCESSING THE PARENT PORTAL...

Still experiencing difficulties in getting on the Parent Portal? If you are getting a message regarding "no district" detected, try this...

- Go up to your browser and highlight "no district" to the end, delete that, and then type in knowlton and hit enter. The parent portal login page should now appear asking for your portal code, user name & password.
- **If that does not work, go to the school website,** www.knowltonschool.com and click on the "For Parents" Tab, Resources, then Parent Portal. The parent portal login page should now appear asking for your portal code, user name & password. **Do Not Click on the Parent Portal Icon the first time you are accessing the portal.** Once you have successfully accessed the portal the Parent Portal Icon Tab should work correctly.
- Should you still have trouble, please call the main office and we will try to help you gain access.

Regarding Student Lunch Accounts:

Periodically we run a report showing lunch accounts that are in the negative. A letter is then sent home with your child or an automated phone call is made to alert parents that money is owed on the account.

Upon receipt of such, please remit payment via the parent portal or by sending a check or money to school in an envelope with your child's name on it.

Contact Mrs. Ventura at 908-475-5118, ext 204 if you have any questions or concerns.



School Breakfast is available daily (except on delayed opening days) Served Grab & Go from the breakfast cart in the main office between 8:30 - 8:45 a.m Cereal & Bagel Bags are available every day . Yogurt Parfaits are available on Tuesdays & Thursdays. Student Breakfast is \$1.50



Knowlton Board of Education

will meet next on
Monday, February 24th at 7 PM
in the school library.

Board of Education Members:

Tammy Smith, President

Don Biery, Vice President

Matthew Baley, Dawn Bates

Joann McCormack, Rhonda Moritz

Ali Stiehl

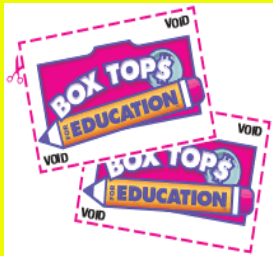


2019-2020

Knowlton Twp. Elementary School Yearbooks are now on sale. Order a full color yearbook, sponsor an ad or purchase line sponsor messages to recognize your child! Order form is attached and on the school website - www.knowltonschool.com

WINTER BOX TOP COLLECTION DATE DEADLINE IS
WEDNESDAY, FEBRUARY 19th.

Box Top labels need to be turned in by then to your child's homeroom teacher in order to get credit. In order to get credit for APP earnings, all receipts have to be scanned into the APP by then as well. Many products have switched to the digital box tops so be sure to scan those receipts so we don't miss out on this easy way to earn \$\$\$ for our school!



Questions regarding the APP or the program may be directed to the Knowlton Twp. PTA at: ktespta@gmail.com

DONATE YOUR JEANS!



Did you know that 40% of our country's homeless population is our youth, and their #1 most requested clothing item is jeans?

Make a Difference!

Help fight teen homelessness by donating your denim jeans!

Clean out your closet and send in your clean, gently-used jeans to Knowlton Township Elementary School to support the 5th-grade "Teens for Jeans" campaign. Jeans will be taken to Aeropostale and donated to local homeless shelters.

OVER 200 PAIRS COLLECTED ALREADY!!!

All sizes are appreciated!

Donations accepted through February 26th

Donation bins will be in the front lobby and near the gymnasium and at the township municipal building.

Congratulations to
Mrs. Baker
on being selected as
January's
Spotlight
Staff Member!

Read more about Mrs. Baker in the main office



Additional Collection Location...
Catherine Dickson Hofman Library
in Blairstown.



NOW ACCEPTING REGISTRATIONS:



Knowlton Twp. Elementary Preschool Program for Fall 2020:

We are now accepting registrations for our Preschool Program for fall 2020. Children must be 4 years old by October 1, 2020 and must be toilet trained. The program runs Monday through Friday from 8:30 am to 11:00 am when school is in session. Transportation for this program is not provided. If interested, please contact the school office at: (908) 475-5118, ext. 200.

Attention Parents of Future Kindergarten Students:

Knowlton Twp. Elementary School is planning for the 2020-2021 school year. At this time we would like to identify as many children as possible who will be eligible for Kindergarten in September 2020. To be eligible for kindergarten, a child must be 5 years old by October 1, 2020. If you have not already done so, and you have a child who will be eligible for next year's kindergarten class, kindly call the school at (908) 475-5118, ext. 200 as soon as possible. Dates for screening of next year's kindergarten students will be released at a later date. Parents will receive details in the mail. Please pass this information along to anyone in Knowlton Twp. who may have a child eligible for kindergarten in September 2020.



To: All Current Parents

From: Jeannine DeFalco

Plans are already underway for the 2020 - 2021 school year. To help us with our planning for next year and beyond, we ask your cooperation in filling out the information below and returning it to us as soon as possible. Please do not list students already enrolled at the Knowlton Township Elementary School this year.

Additionally, if you have any friends or neighbors in the Township who have pre-school children, please have them contact school so we can obtain the necessary information. I would really appreciate your help in this regard.

List every child in your household not presently in school:

Name	Date of Birth
_____	_____
_____	_____
_____	_____
_____	_____

Does your child have any special needs that the school may have to provide? _____

If yes, please briefly describe below:

Parents' Names: _____

Address: _____

Exact location (not mailing address) of your home (for future bus route information): _____

Telephone Number: _____

Pastries With Parents

You are cordially invited to enjoy a sweet
Valentine's Day treat with your sweetheart student
courtesy of the Knowlton Twp PTA!



When: Thursday 2/13/2020

Where: KTES Cafeteria

Time: 7:45am-8:30am

Assorted pastries, muffins, fruit, yogurt, juice, coffee and water
will be served.

Be sure to bring your smiles and sense of humor to have some fun with the Valentine's Day
photo props!

ADVANCE SIGN UP IS REQUIRED

Parents must remain with their student(s) until the bell rings.

RSVP by: Thursday 2/6

- ✓ Pastries may have been made with nuts or in a factory that has nuts. For those with allergies/dietary needs, you are welcome to join in the fun and BYO pastry! We will have nut free options as well as fresh fruit.
- ✓ If a parent is unavailable to attend, then the student/s may bring another adult or guardian. Parents must remain with student until the bell rings
- ✓ Siblings are welcome



return form to the office

Name/s of children attending: _____

Names of adults attending: _____

Phone Number: _____

Teacher Name: _____

Number Total Attending: _____

YES, I would like to volunteer to help with Pastries with Parents

Setup Serve Cleanup All

Contact the PTA at ktespta@gmail.com if you have any questions



NFC

AFC



January/February 2020



FIFTH Annual! “Soup-er Bowl” Drive IS HERE!!!

For Our Local Food Pantry Friends

The EarlyAct club will highlight their month of LEADERSHIP and FRIENDSHIP

by focusing on a

“Soup-er Bowl” Canned Food Drive

Starting January 21st EarlyAct will collect canned goods for our local food pantries. Donations may be placed in the bin of your “Super Bowl” choice. The bins will be located outside the Main Office at Knowlton School. EarlyAct club members will be keeping a daily tally of which Super Bowl team is in the lead for our canned good collections. Please help restock our FRIENDS at the local food pantries this winter!

For more information, please feel free to contact the club’s advisor, Jenna Maxman at maxmanj@knowltonschool.com or phone at the school’s number extension 107.



The Great Kindness Challenge.

FAMILY EDITION

Create a kinder world.

Take a week, a month, or a year.
Have fun and complete as many acts of kindness as you can.

Your Kindness Matters!

Presented by



Acts of Kindness

- Smile at 25 people
- Take a treat to your local firefighters
- Do a household chore without being asked
- Donate something to an animal shelter
- Take a board game to play at a senior center
- Read a book to a younger child
- Make a thank you card for your librarians
- Entertain someone with a happy dance
- Create a family gratitude jar
- Cheer for every player on both teams
- Deliver a special gift to a child in the hospital
- Make a new friend or welcome a new neighbor
- Send a card or gift to a military family
- Walk or pet an animal - but ask first!
- Go a full day without complaining
- Hold the door open for someone
- Learn to say "Thank You" in a new language
- Embrace your family with a big hug
- Teach something to a younger sibling or friend
- Write or draw a loving note for someone
- Make and display a "Kindness Matters" sign
- Raise funds and donate to your favorite cause
- Watch the sunrise or sunset together
- Breathe, stretch, and think a happy thought
- Cut out 10 hearts and leave them on 10 cars
- Donate needed school supplies
- Thank a bus driver
- Leave a flower on someone's doorstep
- Be kind to yourself and eat a healthy snack
- Call your grandparents or esteemed elder
- Walk or bike instead of driving
- Say "Thank You" to a police officer
- Bake cookies and share with your neighbors
- Say "Good Morning" to 5 people
- Pick up and recycle trash in your neighborhood
- Take a family walk outside
- Draw a heart in the sand or dirt
- Write a thank you note to your mail carrier
- Make a wish for a child in another country
- Volunteer in your community
- Say "Hi" to someone who looks sad
- Write a happy message with sidewalk chalk
- Paint a kindness rock and randomly place it
- Share food with someone who is hungry
- Sincerely compliment 5 people
- Post a positive message on social media
- Let someone go ahead of you in line
- Help plant a garden
- Reflect on kindness you witnessed during the day
- Create your own kind deed



#GKCFamily
www.greatkindnesschallenge.org



KTES Students will participate in the
KIDS HEART CHALLENGE (formerly Jump Rope for Heart)
on February 10th and 12th during their
physical education classes.



Information packets went home with students last week.
Questions may be directed to Miss Lennox at lennox@knowltonschool.com



BRING THE WHOLE FAMILY AND FRIENDS

**Come see your favorite teachers in
Drive-Thru, make fries and serve you your
favorite food at the front counter!**

**20% OF PROCEEDS FROM THESE HOURS BENEFITS
SCHOOL NAME: KNOWLTON TOWNSHIP ELEMENTARY
SCHOOL**

**DATE: 11 MARCH 2020
TIME: 4:00 – 7:00 PM**



Thank You!

Valid at these locations: 10 Simpson Road, Columbia, N.J. 07832

Financial Assistance Programs

Do you or someone you know need help paying your energy bill?

Elizabethtown Gas can connect you to financial assistance programs

Universal Service Fund (USF)

The New Jersey Board of Public Utilities created the Universal Service Fund program to help low-income households pay for electric and natural gas service. Eligible New Jersey customers pay no more than six percent of their income for their natural gas and electric service. The USF program is administered by the New Jersey Department of Community Affairs.

Call: 1.866.240.1347 **Visit:** www.nj.gov/dca/divisions/dhcr/offices/usf.html

Low-Income Home Energy Assistance Program (LIHEAP)

The Low-Income Home Energy Assistance Program (LIHEAP) helps elderly, disabled and low-income New Jersey residents pay their energy bills. Payments vary depending on income, household size, fuel type and heating region.

Call: 1.800.510.3102 **Visit:** www.nj.gov/dca/divisions/dhcr/offices/hea.html

Lifeline Assistance Program

Lifeline is a utility assistance program that offers a \$225 grant to seniors or adult persons receiving Social Security Disability benefits. The benefit can be applied equally to natural gas and electric utilities.

Call: 1.800.792.9745 **Visit:** www.nj.gov/humanservices/doas/home/lifelinedetail.html

NJ SHARES

NJ SHARES assists income-eligible households in paying their energy, telephone and water bills. NJ SHARES provides relief to people who are not eligible for other types of assistance.

Call: 1.866.657.4273 **Visit:** www.njshares.org

NJ Comfort Partners

NJ Comfort Partners is a free energy saving and energy education program for qualified low-income customers. The program helps you save energy and money and helps make your home more energy-efficient.

Call: 1.800.915.8309 **Visit:** www.njcleanenergy.com/residential/programs/comfort-partners/comfort-partners

Payment Assistance for Gas and Electric (PAGE)

The PAGE energy assistance program benefits low-to-moderate income New Jersey homeowners and renters, who are not currently receiving LIHEAP and USF benefits. Qualifying applicants may be eligible to receive a grant up to \$750 per utility within a 12-month period.

Call: 1.855.465.8783 **Visit:** www.njpoweron.org

Customer Service

1.800.242.5830

Mon-Fri 7 a.m. to 8 p.m.

Connect with us!



@elizabethtowngas



@etowngas



FREE DENTAL SERVICES

for children ages 12 and younger

January 8, 2020

Dear Parent/Guardian,

We'd like to make you aware of a remarkable program that is available to your students that might not otherwise have the means to visit a dentist for emergency or preventative care.

Every February dentists throughout NJ offer **free dental care** for children ages 12 and younger. In 2020, **Give Kids A Smile Day is Friday, February 7th**. There are over **100 participating dental offices** available for parents to schedule an appointment at a location of their choice.

Give Kids A Smile NJ would like to help your students start each school day with a healthy smile!

Parents and families can participate in GKAS by:

- Marking their calendar - Friday, February 7th, 2020
- Calling the location of their choice to set up an appointment
- Visiting our website www.njda.org/gkas for more information

Attached is a list of all participating locations near your area.

Additional information is available on the New Jersey Dental Association website: www.njda.org/gkas.

Best regards,

Cavan M. Brundsen, DMD
Statewide Chair, GKAS NJ

Give Kids A Smile is a program of the American Dental Association Foundation. Locally, the program is administered by the New Jersey Dental Association and supported by Colgate, Delta Dental of NJ, Henry Schein Dental and private donors.

SCHEDULE AN APPOINTMENT FOR YOUR CHILD TODAY

Hunterdon

Zufall Health Center, Flemington - 908-968-4440

Morris

Armento Family Dental, Chester - 908-879-8530

First Care Dental Center, Parsippany - 973-882-5005

Flanders Pediatric Dentistry, Flanders - 973-927-2260

Kidz World Pediatric Dentistry, Cedar Knolls - 973-585-6756

Metro Dental Associates, Morristown - 973-538-2563

Michael Armento, DMD, Randolph - 973-361-6500

Pediatric Dental Associates of Randolph, Randolph - 973-989-7970

Zufall Health Center, Dover - 973-328-3344

Warren

My Children's Dentist, Washington - 908-835-3500

Richard L. Lachenmayr DMD, Alpha - 908-454-8400




Zufall Health, Hackettstown - 908-452-5366

\$1 Smencil Grams for Valentine's Day!

The KTES Advanced Band will have Smencil Grams available for purchase this year, just in time for Valentine's Day! Purchase a Smencil for \$1.00 each and send it, with a personalized message attached, to your child, favorite teacher, staff member, or let your child send it to a friend! Smencil colors and scents will be distributed at random. *Smencil Grams will be delivered to the students on Thursday, February 13th, 2020. They must be ordered by Friday, February 7th.*

Complete the message card below and the band will attach the tag to the Smencil Gram! Please remember the following when ordering your smencil gram:

- ♥ Include receiving child's first and last name along with the classroom teacher on EACH smencil gram
- ♥ Attach payment for EACH Smencil Gram (please use exact cash or check to KTES). There are 3 grams on this form. If you would like more, you can find them in the office or on our website.
- ♥ Send Smencil Gram forms and money in envelope labels "SMENCILS" to Mrs. Lestrangle with your child's name and class.
- ♥ Please contact Mrs. Lestrangle at lestranges@knowltonschool.com if you have any questions

	First/Last Name: _____ Teacher/Grade: _____ Message: _____ _____ _____ From: _____
	First/Last Name: _____ Teacher/Grade: _____ Message: _____ _____ _____ From: _____
	First/Last Name: _____ Teacher/Grade: _____ Message: _____ _____ _____ From: _____

Knowlton Community News

- **You're invited to attend a workshop on: Making the future of your loved one with Special Needs more secure.** Information about how to retain Government Benefit Eligibility and more. Presented by Donald T. Brown, ChFC, ChSNC. Wednesday, January 29 at 7 PM at the Administration Building at 2 Windsor Ave in Hopatcong, NJ. RSVP to 973-770-8821. The presentation will run approximately 30 minutes with plenty of time afterwards to answer your questions. Pizza & Refreshments will be provided. Special Needs Funding Coach.com
- **Township of Knowlton Yearly Dog License Applications** are available on the township website and are due in the Month of January each year. For the application go to: <http://knowlton-nj.com/> Once there click on the FORMS tab. The application is the first one listed.
- **FREE Parent /Toddler Play Group at Knowlton United Methodist Church**, 509 Route 94 in Columbia. Usually every 3rd Friday of the month (excluding holidays) from 9:30 to 10:30 AM. For families with children ages newborn through Pre-K. Small, Informal Group Setting with free play, story and simple craft. For more information contact the church at 908-496-4313 or via email to: knowltonumc@gmail.com
- **Indoor Soccer & Spring Tryouts** - Go to www.westjerseysoccerclub.org for registration. 908-294-1308

PREVENT OPIOID OVERDOSE, SAVE LIVES

FREE TRAINING and NALOXONE NASAL SPRAY KITS

Thursday, February 20 – 6:30 p.m.

Parent to Parent Addiction Services, Inc. (501c3)

325B West Washington Ave.

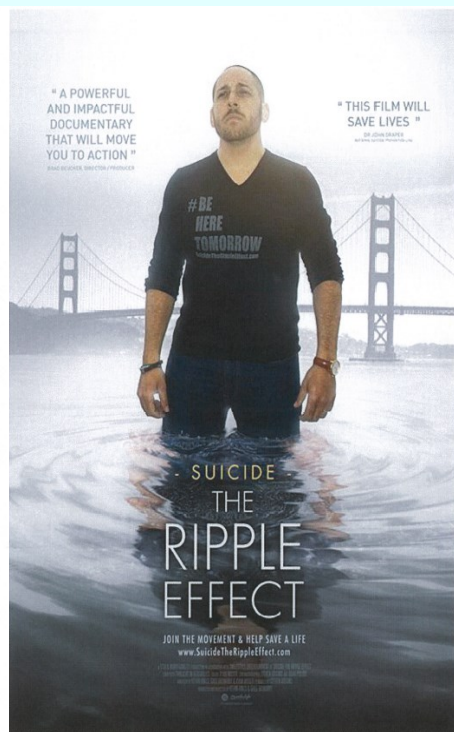
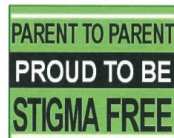
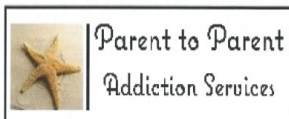
Washington, NJ 07882

Give the Gift of Life - Learn How to Reverse an Opioid Overdose

Training includes: Signs and Symptoms of Overdose, How to Administer Naloxone, Rescue Breathing, Overdose Prevention Strategies & Support Information and Resources. Distribution of FREE Naloxone kits for training attendees, including family members, friends, professionals and individuals who are at risk or could be in the presence of someone who is at risk.

RUTGERS Robert Wood Johnson Medical School, Division of Addiction & Psychiatry will be providing the free onsite training and naloxone kits.

Registration can be made by emailing parent2parentwc@gmail.com or by calling the office (908) 223-1951 or Helen Carey (908)391-4159 or Debi Natale (908)619-9252 of Parent to Parent. Kits are limited to first 23 participants. **Deadline to register is Feb. 14th.**



SUICIDE

THE RIPPLE EFFECT

This film chronicles the story of Kevin Hines, who at age 19 attempted to take his life by jumping from the Golden Gate Bridge. Since then, Kevin has been on a mission to use his story to help others stay alive and find recovery.

SuicideTheRippleEffect.com

Thursday
February 20, 2020
6:00 pm
Warren County
Community College
Room A108, Annex
475 Route 57, Washington, NJ
Doors open at 5:30pm

This event is free.
Light refreshments served.
Panel Q&A following movie.

Contact: Penelope Griffin
Email: pgriffin@fso-hsw.org
Phone: 908-223-1191 ext 16

No More Whispers.

Let's end the whispering about mental illness and addiction. There is no shame. You can't catch it, and like many other diseases, no one asks for it. It affects all ages, ethnicities, income levels and genders. We all know someone. Don't fear it. Don't judge it. Understand it. Let's not whisper anymore.

NoMoreWhispers@atlanticealth.org

SUPPORTING. EDUCATING. CHANGING. TOGETHER



