

## Non-Food Celebration Ideas

Here are some suggestions to have celebrations/rewards that are not food based:

### CHOOSE A PRIZE

Pencils or erasers  
Stickers Books  
Coloring page adult/child  
Enter a drawing or raffle for a bigger prize  
Earn tokens or points toward a prize  
Lunch with teacher

### GET MOVING

Lead a special physical activity break  
Host a special event such as a dance or kite flying party  
Provide extra recess or PE time  
Turn on the music and let students dance for a few minutes  
Have a themed parade around your school  
Pick their favorite Go Noodle.

### SHAKE UP YOUR ROUTINE

Let student choose a special activity or be a teacher's helper  
Allow student to select a special book or invite a guest to read aloud  
Go on a scavenger hunt  
Host a special dress day where students can wear hats or pajamas  
Teacher for a class period

### SHOW RECOGNITION

Give a certificate or ribbon  
Post a sign in the classroom or on a prominent bulletin board  
Give a shout-out in the morning announcements  
For birthdays, allow child to wear a crown or special sash

The ideas below are from the Alliance for a Healthier Generation "Celebrations that Support Child Health" document

([https://www.healthiergeneration.org/\\_asset/nvgd8g/13-6162\\_HSPHealthyCelebration.pdf](https://www.healthiergeneration.org/_asset/nvgd8g/13-6162_HSPHealthyCelebration.pdf))